



Dunwoody Woman's Club
January 2020 Newsletter
President's Message: Maria Barnhart

Happy New Year! Being part of the GFWC Dunwoody Woman's Club can be good for your mental outlook. Here's why - A recent CNN article listed 5 behaviors that can improve your mental health in 2020. They are: *practice optimism, start volunteering, be grateful, bolster your social connections, and find your purpose*. I am pleased to say that being part of GFWC Dunwoody Woman's Club covers most of these items. Ask a family member, neighbor or friend to accompany you to a DWC meeting or program. If you want to read the article click the link - [5 Ways to Improve your Mental Health in 2020](#)

Thank you to everyone who made the December meeting and luncheon a special one. Thanks to Joyce Niemann for coordinating a wonderful event with Dunwoody Country Club. The lunch was outstanding and the service was excellent. Special thanks to our honored guests - Julie Bates, 2nd Vice President NW District and Karen Clydesdale, President NW District for leading our new member induction ceremony. Thanks also to Debra Love, DWC Membership Chairman for her leadership and support as well.

Congratulations to our new members: Deborah Gault, Jane Boney, Judith Roe, Joan Smith, Libby Ward. I encourage all members to greet these ladies and welcome them to DWC programs and events.

Thank you to the nominating committee for presenting the slate of officers for 2020. Be sure to attend the January 16, 2020 meeting when we will vote on the slate of officers.

MLK Day of Service – In cooperation with GFWC-GA, DWC will make donations to Georgia Cares which is an independent, non-profit organization working to serve child sex trafficking victims across the State of Georgia. **If you would like to help, please bring your donation to the January 16th general meeting.** Suggested items they can use:

Note pads with teen girl themes, journals, make up for young teen girls, make up bags, books for girls ages 13-18, magazines, lip gloss, travel toiletry kits, lotion or creams for teen girls, hair bows or barrettes. A representative from Georgia Cares will be at the meeting to share information about the organization and accept our donations. Thank you for your support with this worthwhile project.

I look forward to seeing you soon.

Maria

A Message from your Treasurer
Dues for 2020 are due in January
Dues are considered delinquent as of February 1st
Active: \$60, Associate \$75, Sustaining \$85

Remember, your dues are tax deductible since the Dunwoody Woman’s Club is a 501(c)(3) charitable organization and members receive no substantial benefits other than the newsletter in exchange for their dues. Please use this notice and a copy of your check for tax purposes.

Dues checks **payable to Dunwoody Woman’s Club** should be **mailed to:**
 Faye Cashwell, 140 Forrest Lake Rd., Johns Creek, GA 30022 or bring to
 December or January Meetings!

If you are requesting a change of membership status, please send your request to:
 Debra Love, DWC Membership Chairman, at debra1926@comcast.net
 Questions – Contact Faye at 770-409-1960 or faye@cashwellhome.com

Calendar

Date	Event Sponsor	Meeting Place/Carpool Location	Time
Jan 6	Home Life	IOH to take down Christmas decorations	9:30
Jan 7	Book Club	Saint Luke’s Parlor	1:15
Jan 16	Arts	General Meeting – Alan Mothner speaker Social Time: 9:30, Meeting 10:00	
Jan 20	Public Issues	Martin Luther King. Jr. - Day of Service	
Jan 22	Home Life	Planning Meeting-Session Room St. Luke’s Presbyterian Church	10:00
Jan 23	Conservation	Lunch at Southbound and Tour of Chamblee Animal Center	11:00
Jan 29	Education	Planning Meeting-Session Room St. Luke’s Presbyterian Church	10:00
Feb 5	Public Issues/Arts	Signing Valentines & Birthday cards for Veterans Saint Luke’s	10:00
Feb 27	Conservation	Trip to Roswell Recycling	10:00

Reminder:

Location of DWC General Meeting on Thursday, January 16
Social Hour 9:30, Meeting 10:00
North Shallowford Annex Building
4470 N. Shallowford Road, Dunwoody

Collectors’ Spotlight

MLK Day of Service - Georgia Cares – Teen girl themes - journals, make up for young teen girls, make up bags, books for girls ages 13-18, magazines, lip gloss, travel toiletry kits, lotion or creams, hair bows or barrettes – See President’s Message for more information

Please note that we are spotlighting one collection need under Collectors’ Spotlight. Please review entire newsletter for other needs – highlighted in red. Please bring items to General Meeting.

COMMUNITY SERVICE PROGRAMS

Arts: Pam King pking9188@gmail.com 404-664-7370
Jan Slater janetslater13@aol.com 678-629-3446

January 16, Thursday

Arts is hosting the speaker for the January Membership Meeting, and we are excited to have Alan Mothner, who is in charge of Arts for the City of Dunwoody. He will be updating us on the status of Arts activities and programs in Dunwoody.

February 5, Wednesday

On Wed., Feb. 5, from 10 am-noon, Public Issues and Arts will be hosting a joint event. We will be making Valentine's cards as well as birthday cards for the Veterans and Georgia Cares. We are meeting in the Session Room at St. Luke's.

Arts events in the area:

1. Spruill Gallery opening of 20/20 Vision on Jan. 14.
2. Chattahoochee Handweavers Guild speaker on Jan. 17 at 7 pm at North Dekalb Cultural Arts Center.
3. Opening Reception for Eileen Braun's sculptural work at the Spruill Gallery on Jan. 30, from 6-9 pm. The exhibit runs from Jan. 31 to March 14.
4. Spruill Center for the Arts is hosting the 12th Annual Student & Instructor Jewelry Market on Feb. 9, from 11 am-5 pm.

Conservation: Kathy Hanna, kak1941@aol.com, Becky Schaaf 770-457-7126 & Gang

COLLECTION: Pill bottles with or without labels, blankets, pet toys, animal treats, paper towels, cash for shelters, magazines to recycle

The Conservation Dates:

Jan. 23, 11:00-3:00 Lunch at Southbound and Tour of the Chamblee Animal Shelter

Feb. 27, 10:00-1:30 Trip to Roswell Recycling

Collections for General Meeting:

For the Shelters; pill bottles without labels; blankets any size; dog or cat toys; animal treats, paper towels, food and monetary donations. Debra will collect for the **Chamblee Animal Shelter** this month.

For recycling: Pill bottles with labels, magazines for **Roswell Recycling**. A great place to take old paint, electronics & your old TV's is to **CHARM** there is a small cost, Lyn, Karen & Kay will have a container at the January Meeting. We will collect for two months and take the items with us to Roswell at our Feb. 27 meeting.

Happy New Year and New Decade to one and all.

Jan. 23 we will carpool at 11:00 to travel to Southbound for lunch and then a tour of the no-kill Chamblee Animal Shelter. Debra has made reservations for us and we hope you will join us for a great day with people who truly care to find homes for all shelter animals.

Conservation-continued:

Adopt-A-Bench: Meredy is continuing to place benches in our local parks. If you want to leave a legacy and provide sitting spots in our parks please contact her for more information. They make a wonderful gift.

Audubon: Joann and Kathy met their new director as well as seeing our old friends there. A program is planned for April to learn more and see their new improved facility..

Dunwoody Nature Center: Pat reports: Dunwoody Nature Center is beautiful and peaceful in every season. Austin School construction is coming to an end and it's a good time to visit OUR recent changes. The Crean Eco-Classroom has been completed and dedicated, and the roof has been planted! Learn about sustainability in 2020 and make an earth-friendly household cleaner during the class on **Jan. 12**. Volunteers will honor MLK Day on **Jan. 20**. Early registration for Summer Camp begins on **Feb 3rd**. The North Woods Pavilion is awesome and versatile venue is available for your event. See the site for event details and about Free First Saturday & Friday Night Hikes. See You there! Contact the Center for any information at www.dunwoodynature.org or call 770-394-3322

Lost Corner: Diana reports **Volunteer Day is Jan. 11 from 9-12** Bring water, gloves & garden tools. All ages are welcome and information for classes is at www.friendsoflostcorner.org

Pebble Tossers: Cora reports that they worked on the Atlanta Beltline Gardens this summer and we received approval of funds from DWC to add a feature to that project. You will love getting to know more about this group of children and adults improving our community.

Master Gardeners: Upcoming Brook Run 2nd Sat programs. **Jan 11** Richard will present Companion Plantings. These programs are 11-12 at the Brook Run Park's Barn.

Tips: Please plant trees now. Trees Atlanta is offering to plant **Neighbortrees** in your yard or parks, or contact Arbor Day Foundation for 10 seedlings to plant at the Lost Corner Preserve. If you do plant trees please let Kathy know, our NW District is counting, and planted 160 in 2019. This is the season to plant, please consider native plants and plants that help our pollinators. Don't know what to do with odd recyclables? **CHARM** does, see what they will take at livethrive.org/charm.

Education: Dottie D'Angelo
DottieAtlanta@gmail.com 770/310-7575

COLLECTION: Books for Little Libraries

Wednesday January 29th 10:00 a.m., Education planning meeting, share your ideas for 2020. We will meet at St. Luke's Presbyterian Church in the Session Room.

Little Libraries:

Our club is responsible for 2 Little Library locations one at The Dunwoody Nature Center and the other at Georgetown Park. If you would like to donate books to our Little Libraries please take your used books and put them in the boxes at either location or bring to General Meeting.

Mark your calendars for the Friends of the Dunwoody Library Book Sale - January 23-25 and 27. The hours on January 23 are 1-4 pm (Friends of the Dunwoody Library members only) and 5-8 pm, January 24/25 - 10 am to 5 pm and January 27 from 10 am to 8 pm. January 27 is Bag Day so you can fill a bag for only \$6. This is a great opportunity to get some books for summer reading or gifts for family/friends. You will also find DVDs, CDs, puzzles, games and magazines. There is a separate room for children's books so you can get items for younger readers too. Some items are even new. Prices are very reasonable and start at 25 cents. All proceeds support the local library.

Home Life Community Service: Beverly Clark
(770) 833-0724 BeverlyRClark@hotmail.com

**COLLECTION: Feminine hygiene pads for Dunwoody High School nurse's office
New infant, toddler and children's pajamas for GFWC convention table
decorations**

Many thanks to everyone who brought items throughout the year for the holiday bags for Lutheran Towers. We distributed over 200 bags that contained really nice items. The residents are always glad to see us.

Also, thanks to everyone who participated in our Toys for Tots gathering. We collected over 100 toys to give to the Marines. Thanks to our awesome hostess, Lee Dees, for hosting this event. We are a generous Club!

New Collection Item for January, 2020: The school nurse's office at Dunwoody High School needs feminine hygiene products to distribute to students who cannot afford to buy them. So we will collect feminine hygiene pads at our January general meeting. Please bring pads only, any size and any absorbency.

We are still collecting **NEW** children, toddler and infant pajamas. These will be used as table decorations at the 2020 International GFWC Convention to be held in downtown Atlanta. After the convention, the pajamas will be donated to The Pajama Program in Atlanta. Please bring these to the January general meeting.

Wednesday, January 22 Home Life Planning Meeting 10:00 a.m. Session Room at Saint Luke's Presbyterian Church Please plan to attend this meeting as we decide on our programs, events, speakers and presentations for the coming year. We had great participation last year and want to repeat that again this year.

The Dunwoody DowWagers Investment Club meets the first Wednesday of each month (except Oct.) at 12:30 p.m. Dunwoody Country Club. Contact Diane Norris if you are interested in joining this group.

International Outreach: Linda Mote 678-429-0570
lmnote@mindspring.com

COLLECTION - URGENT NEEDS: Travel size toothpaste, child-sized toothbrushes, coloring books, non-toxic crayons, bubbles, puzzles and pull toys

We are going to help Operation Smile again this year. Their Child Life Specialists are licensed professionals that provide psychosocial care and guide the patient and family through the surgical experience. They utilize their knowledge of child development to ease patient fears and anxieties by explaining and demonstrating every aspect of care. They facilitate therapeutic play and activities, working with parents, and act as the child's and family's advocate in the potentially confusing world of the hospital.

They have an urgent need for the following items: **travel-sized toothpaste (at least 6 months from expiration date), child-sized toothbrushes, thin 8.5 x 11" coloring books, 8-count box of non-toxic crayons, non-toxic liquid bubbles, puzzles and pull toys.** We can send other items as well including: Matchbox cars, "Little People" figures, Soft foam/rubber balls, Blow-up ball, Baby Dolls, Barbie style dolls, Construction paper (pack), markers and stickers.

Please bring donated items to the January meeting

Public Issues – Noreen Rabin snrabin@icloud.com

Donna Knowlton dfknowlton@comcast.net

*“Just as a new bloom spreads fragrance and freshness around...
May the new year add a new beauty and freshness into your life.” - unknown
Happy New Year!*

Dates to Remember

January 2020

National Self Defense month

National Stalking Awareness Month

January 20th – Martin Luther King, Jr. Day – See information in our President’s January Message regarding the special GFWC Georgia MLK Day of Service Project benefiting **Georgia Cares**.

Upcoming Programs

Monday, January 20th – Martin Luther King, Jr. Day of Service – In addition to the planned GFWC Georgia Martin Luther King, Jr. Day of Service, the **City of Dunwoody** citizens and community members can volunteer at Brook Run Park. Volunteers are asked to pre-register on the Dunwoody Parks and Recreation website at <http://bit.ly/dunreccatalog>. Opportunities include planting trees, cleaning up a Dunwoody park, daffodil planting at Brook Run Park, as well as projects at Dunwoody Place Personal Care Home, the Dunwoody Nature Center and Spruill Center for the Arts. Volunteers can also donate non-perishable food items to one of the donation bins on the day of the event at the pavilion at Brook Run Park. Events start at 9:00 a.m. The **City of Sandy Springs** will hold its annual tribute to Dr. King on Monday, January 20th from 1-4:00 p.m. at City Springs, 1 Galambos Way, Sandy Springs, GA. Now in its 14th year, this MLK Day event will celebrate the spirit of Dr. King by introducing the City’s first annual Martin Luther King, Jr. Day Art and Film Festival. The event is free and open to the community. While there are set times for the film’s showings (1:15 p.m. and 2:45 p.m.), the children’s activities are available throughout the event.

Wednesday, February 5th, 10:00, St. Luke’s Presbyterian Church, Public Issues will join Arts and create Valentine’s and sign Birthday cards for the veterans at the Atlanta VA Hospital and Nursing Home. All supplies will be provided. This is always a fun project.

STANDING COMMITTEES

Book Club: Jean Kammerer

The DWC book club will meet on February 4, 2020 at the parlor of St. Luke’s at 1:[15.PM](#) All are welcome. Our book is The Woman in the Castle by Jessica Shattuck with a discussion led by Joan Rush. I hope to see all our old and new friends.

GFWC Clubwoman: Judy Bertrand

What "Great Way" Are You Leading Your Community?

January 21, the Martin Luther King, Jr. Day of Service, is just around the corner! Let Dr. King’s spirit inspire our club’s day of service: “If I cannot do great things, I can do small things in a great way.”

The work of the foot soldiers of the Civil Rights Movement, the volunteers who advocated for justice, show us that doing a “small thing in a great way” can help pave the way for great things with an enormous impact. While King and other leaders helped focus action, it was the protestors in Birmingham, the thousands who stood on the Mall for the March on Washington, and the fearless students who participated in the Mississippi Freedom Summer, who pushed through the passage of the Civil Rights Act of 1964 and the Voting Rights Act of 1965.

GFWC Clubwoman-continued:

From within a Birmingham jail cell, King wrote that “real heroes” embodied, fought for, and carried out the American Civil Rights Movement. The value of service in his name continues today. Install another Little Free Library® and introduce your community to books written by diverse authors and featuring diverse characters, or collect cold weather items for a local school to give to students in need.

The [possibilities are endless](#) for our club to make a “great” difference.

Legislation: Linda Mote

lmote@mindspring.com

The following bills have been signed by the President

SB 777-Debbie Smith Reauthorization Act of 2019 This bill reauthorizes grants that support state and local efforts to process DNA evidence in rape kits. Specifically, it reauthorizes through FY2024 the following: grants under the Debbie Smith DNA Backlog Signed by President

SB 737-Building Blocks of STEM Act This bill modifies National Science Foundation (NSF) grant programs that support STEM (science, technology, engineering, and mathematics, including computer science) education.

SB 151-Pallone-Thune TRACED Act Pallone-Thune Telephone Robocall Abuse Criminal Enforcement and Deterrence Act This bill implements a forfeiture penalty for violations (with or without intent) of the prohibition on certain robocalls.

HB 150-GREAT Act Grant Reporting Efficiency and Agreements Transparency Act of 2019 This bill requires the establishment and use of data standards for information reported by recipients of federal grants.

Most Viewed US Congress Bills

HB 509-Human Trafficking Accountability Act This bill directs the Department of Justice (DOJ) to designate at least one Human Trafficking Coordinator in each federal judicial district to implement the National Strategy for Combatting Human Trafficking.

HB1112-Enhanced Background Checks Act of 2019 This bill revises background check requirements applicable to proposed firearm transfers from a federal firearms licensee (e.g., a licensed gun dealer) to an unlicensed person.

H.R.5531 — Fair Housing for Domestic Violence and Sexual Assault Survivors Act- Latest
Action: House - 12/19/2019 Referred to the House Committee on the Judiciary.

H.R.5509 —Identifying Drug Cartels as Terrorists Act of 2019Sponsor: - Referred to the House Committee on the Judiciary.

Leadership – Donna Knowlton and Bernice McGuire

“The New Year stands before us like a chapter in a book, waiting to be written.”

- Melody Beattie, American author

“We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called OPPORTUNITY, and its first chapter is New Year’s Day.”

- Edith Lovejoy Pierce (1904-1983), Twentieth century poet and pacifist

“I hope that in this New Year, you make mistakes. Because if you are making mistakes, then you are making new things, trying new things, learning and pushing yourself, and changing your world. You’re doing things you’ve never done before, and more importantly, you’re doing something.”

- Neil Gaiman, English author

Women in History: Suzanne Bentz

January 2020 — Catherine the Great (1729-1796)

This month’s column will be brief because my 2020 resolution #1 is to finish reading “The Romanovs 1613-1918” by Simon Sebag Montefiore. It’s a 748-page weighty tome fastidiously researched using court documents, memos, love notes, and diaries of the most successful dynasty of modern times. The detail is intimate and haunting, and thank goodness the author has placed a score card of sorts before each chapter detailing the primary cast, courtiers and ministers, and who was fighting whom at the time.

Prominent in the book is Catherine the Great, born Princess Sophie of Anhalt-Zerbst. Her name was changed when she was wed off to Peter III, whom she did not suffer well. She was Empress of Russia from 1762 until her death in 1796 and was the country’s longest-ruling female leader. She was attractive, lusty, smart, decisive, a collector of art, and forward thinking.

Catherine came to power in a coup she organized to overthrow her husband and while she did not love Peter, she had plenty of lovers to keep her royal sheets warm. Most of her favorites were nobles and generals whom she used to reform the Russian government and lead her military conquests. When she tired of these lovers, she bought them off with gifts of money, land and “souls.”

Catherine wrote numerous letters and memos every day, and my favorite directive is her ten rules of conduct for court guests. Montefiore lists his favorite three.

1. All ranks to be left at the doors along with swords and hats.
2. Parochialism and ambitions shall likewise be left at the doors.
3. And lastly: One shall not wash dirty linen in public and shall mind one’s own business until one leaves.

Just think what we might accomplish if Catherine the Great’s rules of conduct were posted at the doors of our political chambers.



GFWC Dunwoody Woman’s Club Serving the Community since 1971
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