



**Dunwoody Woman's Club**  
**May2020 Newsletter**  
**President's Message: Susan Crawford**



As you all know DWC events for the month of May have been cancelled. Which is why I am beginning my message with a gardenia bud in the hope that as in May the gardenias in our backyard begin to bud for the blooming of flowers in June, our lives will begin to bud this month for the blooming next month of a slow return to normal or at least the new normal.

Many of you have been keeping busy with activities and projects suggested by our CSP Chairmen. Whether cleaning out closets to donate items to worthy charities, donating canned goods to community food pantries, sewing face masks for the Dunwoody Police Department, painting art panels for Foundation for Hospital Art, or purchasing "Everything Will Be OK" signs through CREATE Dunwoody; you have made a positive difference in our community.

Hopefully you were also sometimes entertained by listening to an Atlanta Symphony Orchestra concert, watching an Alliance Theatre production, or "touring" the High Museum of Art or Prince Charles' Highgrove House gardens. I think many of us have also discovered new ways to technologically stay in touch with one another. Zoom, anyone?

This May newsletter highlights all the CSP events that have been rescheduled for summer in the hope that we can gather in small groups by then. Please check them out.  
**and plan to join us when you receive an emailed invitation for our May 21 general membership Zoom Meet 'n Greet. Also mark your calendars for a tentatively planned General Meeting on August 20 at the Annex.**

The GFWC NW District and GFWC GA new Boards have been completed and I am proud to announce the following representation from our club:

GFWC North West District

Maria Barnhart, 2nd Vice President  
Diane Norris, Parliamentary Advisor and Protocol Chairman  
Faye Cashwell, Credentials Chairman  
Kathy Hanna, Environment Chairman  
Linda Mote, Education and Libraries Chairman

GFWC GA

Diane Norris, Health and Wellness CSP Chairman  
Linda Mote, Tallulah Falls School Chairman  
Maria Barnhart, Strategic Planning Committee

These Boards are fortunate to have these talented ladies serve on their leadership teams. Congratulations!  
May all the DWC mothers have a wonderful "zooming" Mother's Day this Sunday!

Susan

**Ways and Means - (Home Tour) Maria Barnhart, Chairman**  
[mariavbarnhart@gmail.com](mailto:mariavbarnhart@gmail.com)

Sharing an excerpt from a Brené Brown blog - March 21, 2020 - *“This pandemic experience is a massive experiment in collective vulnerability. We can be our worst selves when we’re afraid, or our very best, bravest selves. In the context of fear and vulnerability, there is often very little in between because when we are uncertain and afraid our default is self-protection. We don’t have to be scary when we’re scared. Let’s choose awkward, brave, and kind. And let’s choose each other.”* Dr. Brené Brown is a professor at the University of Houston and University of Texas and the author of five #1 *New York Times* best sellers.

The outlook for our 2020 Home Tour under the current COVID-19 pandemic continues to look dim. The social distancing rules are still in place to help reduce the spread of this novel coronavirus. The shelter-in-place continues for vulnerable populations through June 12. (Age 65 and over plus others with certain medical conditions.) Gov. Kemp extended the public health state of emergency through June 12 to continue enhanced testing, ramp up contact tracing, and maintain effective emergency response operations. Since so much of our planning for the tour happens now it is difficult to complete those plans. While no final decisions have been made, the executive committee agrees it is unlikely the home tour will happen. There is still a level of uncertainty in the weeks and months ahead.

**Important note – We will not have a called meeting for the home tour. There are tentative plans to use that scheduled date, Thursday, August 20 for a general meeting with a speaker. Please check for details in the Health and Wellness report of this newsletter.**

There is good news and I am excited about new opportunities. Several options are being considered for fundraising in 2020 (for 2021 budget). I will continue to work with the DWC executive committee and home tour committee to evaluate next steps for our fundraising efforts. We all recognize these are challenging times and I appreciate your cooperation and support.

**Scholarship Awards Update**  
**Lee Dees Giesecke**

I am pleased to announce that we selected three (3) outstanding students to receive a \$2,000 Student Achievement Scholarship. Each recipient, in the opinion of the awards committee, demonstrated academic excellence, leadership, school and community involvement, and an exceptional desire for higher education. The award letters were electronically sent Sunday, April 26<sup>th</sup> and consolation letters were mailed on Wednesday, April 29. In addition, we electronically sent letters to all counselors thanking them for their help with our scholarship. I hope that our 3 recipients can make arrangements to attend our awards ceremony, the photo shoot, and lunch at Dunwoody Country Club when it is rescheduled to December.

Based on our target criteria, we did a scholarship mailing to 38 counselors across 24 schools. We received 30 scholarship applications from 12 different schools in March. We have two winners from Mount Vernon School and one from Dunwoody High School.

A special thanks to the amazing Scholarship Committee (Cora Keenan, Ann Smith, Bernice McGuire, and Susanne Bentz) as well as our Dunwoody Post Office couriers, Beverly Clark and Susan Crawford! It has been a great team effort.

## Report from Corresponding Secretary – Beverly Clark

March 4, 2020

Hello DWC Board Members and DWC Members

You all are the best! Thank you so much for the beautiful Sabika necklace and matching earrings. I love Sabika jewelry and always receive compliments when I wear it. Your kind thoughts and note of appreciation warmed my heart. DWC is a wonderful group of women — smart and dedicated.

Thank you again for your thoughtfulness.

With gratitude,  
Maria

PS: Diane, thank you for organizing the luncheon at Capital Grille. Thanks also to all who attended. It was a wonderful icing on the cake.

February 20, 2020

Dear DWC friends,

What a pleasure it was to spend the day with your Club and installing your new officers. Again, congratulations!

Thank you for the lovely lunch and gifts. My grandmother's name is "Honey" so you can imagine my surprise to see the beautiful bee pin! I will enjoy wearing it and think of you all. Thank you also for the beach scented candle. It is a real pick me up in this gloomy weather month.

You are a special group of ladies and I most especially thank you for the honor of your invitation. Wishing you another productive, successful Club year.

Kim Sekulow  
GFWC GA 2nd VP

### Tentative Calendar

<u>Date</u>	<u>Event Sponsor</u>	<u>Meeting Place/Carpool Location</u>	<u>Time</u>
May 21	General Meeting	By Zoom	
Jun 18	Arts & Culture	Atlanta Audubon Tour	
	Environment	Huff Harrington Fine Art Gallery	
		Carpool from St. Luke's	10:00
Aug 20	General Meeting	At Annex	
Aug 27	Arts & Culture	Flower Arranging Workshop	1:00
		Barn at Brook Run Park	

## COMMUNITY SERVICE PROGRAMS

**Arts and Culture: Jo Ann Kostkan**

[jokostkan@gmail.com](mailto:jokostkan@gmail.com)

**513-478-2653**

Many thanks to all of you who have participated in some of the virtual Arts and Culture events over the last month. Please continue to report to me your hours watching/listening to any of these events or others you find yourselves.

Our month-long Hospital Art quarantine project just finished! We painted a beautiful Dragonfly mural which will be donated to a needy Georgia hospital in our name. What fun I've had picking up and delivering the panels to our painters! Thank you so much to all who painted and donated to make this worthwhile project a reality. A total of 69 hours went into this effort. We were also able to donate an extra \$100 to the Hospital Art Foundation due to the generosity of our sponsors. The Foundation greatly appreciates our support during this tough time for businesses. Our painters included Jan Slater's granddaughters, Abbie Consoer and Marisa Slater; Martha Blondheim; Maria Barnhart and her granddaughter Sloane; Carolyn Anderson and her 4 grandchildren, Celina, Marco, Lucia, and Alexia plus Valeria Lopez, a relative from El Salvador; Diane Norris and Madeline and Jessica Callaham. Our non-painting sponsors were Jan Slater, Bernice McGuire, Faye Cashwell, Jo Ann Kostkan, Arje McCarty, Susan Crawford, Kathy Hanna, and Hazel Schingen. We couldn't have done it without all of you!



## **Arts & Culture: Continued**

If you haven't done so already, please fill out the public art survey for the City of Dunwoody by May 15. They have only gotten 250 surveys so far and want more input from our members.

<https://www.surveymonkey.com/r/DunwoodyPublicArt>.

## **Tentative Upcoming Programs:**

**Thursday, June 18 10:00 am Atlanta Audubon/Blue Heron Nature Preserve/Huff Harrington Fine Art Gallery**

Following Environment's tentative trip to Atlanta Audubon/Blue Heron Nature Preserve, anyone interested can join Jo Ann Kostkan at Huff Harrington Fine Art Gallery located behind Mirko Pasta where lunch will be held. The gallery represents 50 French and American artists. The pieces are for sale.

**Thursday, August 27 1 pm Flower Arranging Workshop**

Arts and Culture will host a Flower Arranging Workshop with The Sisters at the Barn at Brook Run Park. We will be making arrangements for ourselves and to give to our members in assisted living facilities or who just need cheering up! More info to follow later this summer.

## **Other Arts and Culture Events in the Area**

1. May is National Photography Month
2. Spruill Center for the Arts is hosting virtual art classes at their website [spruillarts.org/virtual-programming](http://spruillarts.org/virtual-programming).
3. Booth Museum of Western Art's website [boothmuseum.org](http://boothmuseum.org) offers programs, lectures, videos, and tours all online.
4. The website [artsandculture.google.com](http://artsandculture.google.com) offers online art museum tours across the USA and the world.
5. The Atlanta Symphony Orchestra continues to present the beauty of music around the world through its new Virtual Stage. Go to [atlantasymphony.org](http://atlantasymphony.org).
6. The websites [www.carnegiehall.org](http://www.carnegiehall.org), [www.andrewlloydwebber.com](http://www.andrewlloydwebber.com), and [TheMetOpera.org](http://TheMetOpera.org) all offer online entertainment opportunities.

**Environment (Conservation):** Kathy Hanna, [kak1941@aol.com](mailto:kak1941@aol.com)

Nancy Baldwin, [nbaldwin@bellsouth.net](mailto:nbaldwin@bellsouth.net) & Gang

## **The Dates:**

June 18: Lecture and Tour of Atlanta Audubon and Blue Heron Preserve, with Arts to the Huff-Harrington Gallery after lunch at Mirko Pasta. Carpool at 10:00

Collections for **General Meeting: Will resume in Sept. Please keep collecting**

**For the Animal Shelters;** pill bottles without labels; blankets any size; dog or cat toys; animal treats, paper towels, food and monetary donations. Also, old mascara wands, paper towel tubes and cereal boxes for making toys. Joan Rush will collect for Atlanta Animal Shelter

**For recycling:** Pill bottles with labels & magazines for **Roswell Recycling**. Lyn, Karen & Kay will have a container at the General Meeting. We will collect for two months and then deliver the items to Roswell Recycling.

## **Environment: Continued**

**June 18: We will have a lecture on our Atlanta Birds @ Atlanta Audubon, followed by a tour of Blue Heron Preserve. Then on to lunch at Mirko Pasta and an Art's tour of the beautiful Huff Harrington Gallery next door. Carpool at 10:00 Please wear comfortable shoes**

**Adopt-A-Bench:** Meredy is continuing to place benches in our local parks, if you want to leave a legacy and provide sitting spots in our parks please contact her for more information. They make a wonderful gift.

**Audubon:** This month birds need seed, water and nesting sites. Hummers are here so break out your feeders and help them stay healthy.

**Dunwoody Nature Center:** Pat reports: Monarchs and Margaritas had to be rescheduled to September 26. This evening of entertainment, good food and fun with our friends just can't be beat----make your plan to attend now! The "lockdown" continues to affect the many camps and community events during the next several weeks. Please check out the Center for any information and to register at [www.dunwoodynature.org](http://www.dunwoodynature.org) or call 770-394-3322

Meanwhile, the park is wide open for you to enjoy our wonderful gift of nature in your back yard. Come walk our new trails completed by various DWC sponsored Eagle Scouts.

**Dunwoody parks are open for walking the trails, just stay 6' apart.**

**Lost Corner:** Diana reports the gates are locked and all parks are closed to walkers and programs until we hear differently, check at [www.friendsoflostcorner.org](http://www.friendsoflostcorner.org).

**Pebble Tossers:** Cora reports. They received a \$10,000 grant and used that money to have 10 teens select a project which was given \$1,000 to "make it happen". Some of the Nonprofit Partners still need volunteers, so they are trying to help facilities with that. They are also hosting virtual serve-from-home projects that volunteers can participate in to help the community. On May 30th they will host the 5th Ripple Run, which will be a virtual race this year.

**Master Gardeners:** Upcoming Brook Run 2nd Sat programs have been canceled for now.

**Tips: Please plant trees** now...For Earth Day and Arbor Day, [Trees Atlanta](http://TreesAtlanta.org) is offering to plant **Neighbortrees** in your yard or parks, or contact Arbor Day Foundation for 10 seedlings. If you do plant trees please let Kathy know. This is the season to plant, please consider native plants and plants that help our pollinators. **The Chattahoochee Nature Center and Atlanta Audubon are conducting Native Plant Sales.** Don't know what to do with odd recyclables? **CHARM** does, see what they will take at [livethrive.org/charm](http://livethrive.org/charm).

Margie shared that Cheerios will send you 500 wildflower seeds for free if you have a sunny place to plant. Go to [www.borredpanda.com/cherrios-save-bees-free-wildflower-seeds/](http://www.borredpanda.com/cherrios-save-bees-free-wildflower-seeds/) and order yours. This sheltering in place is a great time to clean out closets (Fur Kids will soon again take clothes for their thrift stores) and get chemicals and paint ready to be recycled.

**Education and Libraries: Dottie D'Angelo**  
[DottieAtlanta@gmail.com](mailto:DottieAtlanta@gmail.com) 770/310-7575

If you have been doing spring cleaning and found books you are ready to part with please consider putting them in the Little Libraries

we support. Our Little Libraries are at Georgetown Park and the Dunwoody Nature Center. Please contact Susan Wittenstein at [sirwit@comcast.net](mailto:sirwit@comcast.net) with questions.

## **Health and Wellness: Karen Turner, Deborah Gault**

Looking back at our March newsletter really makes me realize how much things can change-and have! All of our best laid plans-poo! We did manage to squeeze in March 12th and had no idea then how apropos it was! Design, deciliter, and organize! Sounded and looked wonderful, but who had any idea we would actually have time to do it!

However, we have been busy helping out in any way possible, as we are known to do! We finally got the information we were waiting on to see what areas fall under health and wellness, so have lots of great suggestions and welcome any you might have.

Things upcoming and to reschedule :

- 1) Medicare Caddy-Future date and time TBA-lots to work out!
- 2) August 20 General Meeting-Speaker from Lekotek of Georgia
- 3) Card Party to reschedule
- 4) Other events pending and will be announced as things open up and are possible.

Please let me know if you have made masks and approximately how many and how many hours. Also, who attended Bhumi virtual yoga or other virtual fitness classes. Or, other ways you may have helped hospital workers or those contributing to our health and wellness! Also, May is National High Blood Pressure Education Month. The following links contain patient-friendly links and resources about hypertension: American Heart Association: High Blood Pressure; National Heart, Lung, and Blood Institute: High Blood Pressure; High Blood Pressure: National Institute of Neurological Disorders and Stroke: Mind Your Risks and the Centers for Disease Control and Prevention website on High Blood Pressure has Fact Sheets about Hypertension and Related Conditions and Behaviors.

**International Outreach: Linda Mote 678-429-0570**  
**[lmote@mindspring.com](mailto:lmote@mindspring.com)**

Fellow club members if you are like me one of the first things I did while staying in was to clean my closet and drawers. Want to know what to do with some of this stuff? Items like small toys, crayons, coloring books, pencils, ink pens, notepads , knickknacks, cosmetic bags, hotel shampoos, soaps and jewelry, I would like for you to store until we meet in the fall. I can use these for International Community School and Lutheran Towers Christmas bags. Clothing can be given to local Thrift stores . Please keep track of your donations as several of the new programs can report on these donations.

I sent out most of checks a few weeks ago to the charities listed in the IO budget for 2020. Most of the organizations we help are in desperate need of funds to support their efforts to fight COVID-19. I'm sure they are grateful for our funding whether it was small or large.

Keep finding ways to support the charities of your choice. Be safe and know that we are thinking of all of our wonderful club members who have done much to support the International program now and in the past.

Civic Engagement and Outreach– Noreen Rabin [snrabin@icloud.com](mailto:snrabin@icloud.com)

Donna Knowlton [dfknowlton@comcast.net](mailto:dfknowlton@comcast.net)

## **National Bike Month**

May 25<sup>th</sup> – June 27<sup>th</sup> – **Click it or Ticket**

May 25<sup>th</sup> – **Memorial Day – City of Dunwoody Memorial Day Virtual Service**

## **Upcoming Programs**

**Special Request:** The Community Assistance Center (CAC) is out of important staples. If you can donate food, the most needed items are canned meat: chicken, beef stew, chili and ham, cereal, canned vegetables and soup. You can take your food donation items to the **CAC Food Pantry at 8607 Roswell Road, Sandy Springs 30350**. Food donation times are Mondays, Wednesdays and Fridays, 9:30 am to 1:30 pm. No Saturday times. Please let us know if you make a food donation. We will include you in our end of the year report.

**Monday, May 25<sup>th</sup>, 10:00 am – City of Dunwoody Memorial Day Virtual Service** – If these plans change and the City holds the service at Brook Run Park, we will send an email blast to the membership. Don't forget to wear a poppy on the 25<sup>th</sup>!

**Dunwoody 4<sup>th</sup> of July Parade – On Saturday, July 4, 2020 at 9:00 a.m.** - The Dunwoody Homeowners Association and the Dunwoody Reporter newspaper have postponed the parade. A new date has not been set.

## **STANDING COMMITTEES**

**GFWC Clubwoman: Judy Bertrand**

## **Set Aside Shoes to Donate While Spring Cleaning**

Clearing out closets and other areas of your house is an excellent way to pass some time at home! While spring cleaning, set aside some gently-used pairs of shoes to donate to either [Soles4Souls](#) (accepts all types of shoes) or [Nike's Reuse-a-Shoe Program](#) (accepts athletic shoes).

As we cope with the effects of the current pandemic, it's easy to forget that thousands around the world still lack basic essentials such as shoes. Let's make plans to contribute to the 2018–2020 Used Shoe Grand Initiative remotely. If you haven't done so already, register on the [Soles4Souls website](#) so that a representative can provide operational updates for our area.

**Leadership – Terry Kemp**

*“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”*

While a leader's actions may be scrutinized when things are going bad, it is their leadership qualities that shine through the worst of times. In these difficult and awkward times, I think about how both our current and past GDWC leadership teams have worked hard in a creative way to address critical needs while considering the wellbeing of both their members as well as the Club and its beneficiaries. Take the time to reflect over the past few weeks how GDWC has displayed these exceptional qualities of leadership.

## **Leadership: Continued**

### **1. Clarity**

Leaders are clear and concise at all times--[there is no question of their vision and what needs to be accomplished](#). This gives others the opportunity to digest their goals and decide whether or not they will support their cause. Generally, very few people know what they want, much less how to get there, so they will gravitate towards those who appear to have a clear picture in mind--good clarity leads to great achievement.

### **2. Decisiveness**

Once leaders have made up their mind, they don't hesitate to commit--it's all hands-on deck. They show great consistency with their decisions, rarely backing out or changing their minds unless it is absolutely necessary. Being decisive shows commitment, a quality very high in demand for a great leader.

### **3. Courage**

Boldness is both something you can develop and something that is blessed as a virtue. Although some people are naturally more fearless than others, practicing how to be fearless--or at least project fearlessness--is a completely doable task, one many have achieved in order to fulfill their role as an amazing leader.

### **4. Passion**

There's nothing more inspirational than seeing someone who cares about what they do--the best leaders exhibit boundless energy and passion for what they do. Don't be shy about your passion for whatever it is you are leading, be it a book reading or a laboratory experiment. [As long as you are passionate about what you know, or care about, it'll shine through and people will follow](#).

### **5. Humility**

While confidence is a very attractive trait in leaders, there's nothing like a humble character for creating a lovable persona. Great leaders admit when they are wrong and take criticism as an opportunity for growth. Show the world how grateful you are to be where you are. This, in turn, will demonstrate how much you deserve the leadership role.

**Tallulah Falls School: Linda Mote, Diane Norris**

[lmote@mindspring.com](mailto:lmote@mindspring.com) 678-429-0570

[dianenorris@bellsouth.net](mailto:dianenorris@bellsouth.net) 678-772-0109

According to a video from Dr. Peevy, President of Tallulah Falls School he has authorized \$250,000 to be used to help families in need of support in order for their children to continue to be students at TFS. The school is also paying all employees their full salaries. Many continue their work on the campus, cafeteria staff is preparing meals for those working on campus, crews are maintaining the facilities and the campus is in better shape than ever, security is still a priority and the admissions staff are enlisting new students.

We can be proud of the work of the teachers who are keeping up the high standards of a TFS education through virtual learning. We hope that all schools can reopen in the fall but if not TFS students will continue to thrive in whatever learning environment is in place.

## Women in History: Suzanne Bentz

### May 2020 — Dr. Anna Wessels Williams

*The official Preppy Handbook* became the cheeky guide to prepdom and appropriate wear for up-and-coming urban professionals in the 1980s. The “merits of pink and green” made preppy culture attainable and aided the growth of L.L. Bean. I can’t find my copy, but I’ll bet the handbook also cites the importance of ladies who wear scarves. Just look what scarves have done for Dr. Deborah Birx, aka Scarf Lady, physician and White House Coronavirus Response Coordinator.

The Birx phenom led me to wonder if other women have risen to prominence in the field of immunology and what did they wear to get there. A Google search produced several women who made modern vaccines work and, bazinga, some are wearing scarves. For the purposes of this column, we’ll concentrate on Dr. Anna Wessels Williams. Her official portrait has her wearing a tidy printed scarf.

Anna Wessels Williams (1863-1954) was born in Hackensack, New Jersey. The near death of her sister, who gave birth to a stillborn child, changed Anna’s course in life. Blaming her sister’s attending doctor for the tragedy, Anna enrolled in the Woman’s Medical College of the New York Infirmary. After graduating in 1891, Anna taught pathology and hygiene at her alma mater, and underwent further medical training at prestigious universities abroad. Over the course of her career she “worked on developing vaccines, treatments and diagnostic tests for many diseases, including diphtheria, rabies, scarlet fever, smallpox, influenza, and meningitis.” Anna’s “isolation of a strain of diphtheria in 1894 was used to develop the first diphtheria antitoxin and later a diphtheria vaccine. In 1932, she became the first woman to be elected chair of the laboratory section of the American Public Health Association.”

DWC ladies wear scarves to ramp up their look at general meetings. And some shoppers are now pulling this fashion accessory over their faces to enter Publix. Anna Williams’ rather smallish scarf may not have given her this added protection in today’s pandemic situation, but her work made diphtheria completely preventable and children around the world are protected from it through the combined diphtheria, tetanus and pertussis (DPT) vaccines. And were she alive, I bet she’d jump right in to help develop a vaccine for COVID-19.



GFWC Dunwoody Woman’s Club    Serving the Community since 1971  
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